



## **Young Adults and Mental Illness: Resources for Seeking Help**

*Please note: The Carter Center Mental Health Program does not provide treatment or services for individuals with mental health concerns. Our experts cannot provide medical advice.*

### **Local Services and Organizations**

#### *Crises/Referrals:*

Georgia Crisis and Access Line: 1-800-715-4225

#### *Advocacy/Support Group Information:*

National Alliance on Mental Illness (NAMI) Georgia: 770-243-0855; [www.namiga.org](http://www.namiga.org)

Mental Health America (MHA) Georgia: 404-527-7175; [www.ciclt.net/nmhag](http://www.ciclt.net/nmhag)

#### *Support Services (housing, employment, transportation, Social Security, disability, etc...):*

Georgia Constituent Services: 404-657-5964

National Disability Rights Network (Georgia): <http://www.ndrn.org/en/ndrn-member-agencies/georgia.html>

### **National Services and Organizations**

#### *Crises/Referrals:*

Suicide Prevention Lifeline: 1-800-273-TALK (8255)

24/7 Treatment Referral Line: 1-800-662-HELP (4357)

Disaster Distress Helpline: 1-800-985-5990 OR text TalkWithUs to 66746

*"Waging Peace, Fighting Disease, Building Hope."*

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